

1 Welcome

Congratulations on your purchase and welcome to Philips! To fully benefit from the support that Philips offers, register your product at www.philips.com/welcome.

Read this user manual carefully before you use the appliance and save it for future reference.

Warning

- Do not touch the sharp blades when the appliance is plugged in. If the blades get stuck, unplug the appliance before you remove the ingredients. Be careful when handling the sharp cutting blades, emptying the bowl and during cleaning.
- Switch off and unplug the appliance from the power supply before:
 - Removing it from the stand, changing accessories or approaching parts that move in use.
 - Assembling, disassembling or cleaning it.
 - It is left unattended.

- Do not immerse the appliance in water or any other liquid.
- Check if the voltage indicated on the appliance corresponds to the local mains voltage before you connect the appliance.
- Do not use the appliance if the plug or the mains cord is damaged or has visible cracks. If the mains cord is damaged, you must have it replaced by Philips, a service centre authorized by Philips or similarly qualified persons in order to avoid a hazard.
- Make sure the lid and measuring cup are properly assembled to the blender jar before you use the appliance.
- This appliance shall not be used by children. Keep the appliance and its cord out of reach of children

- This appliance can be used by persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and if they understand the hazards involved.
- Children should be supervised to ensure that they do not play with the appliance.
- Never assemble or disassemble the blender jar to the motor base while the power is on.
- This appliance is intended for household use only.
- Read the cleaning procedure from "User Manual" before use
- In order to avoid a hazard due to inadvertent resetting of the thermal cut-out, this appliance must not be supplied through an external

- switching device, such as a timer, or connected to a circuit that is regularly switched on and off by the utility.
- Do not put the jar on the main unit if the motor coupling is still running.
- Do not take out the jar from the main unit if the blade is not totally stopped.
- The blender can not be used without load or with a minimum quantity of ingredient or liquid (250 ml). Putting too less ingredients or liquid can cause damage to the blender.
- The blender must be operated with the rubber pad. Do not remove the rubber pad on top of the motor unit.

Caution

 Never use any accessories or parts from other manufacturers or that Philips does not specifically recommend. If

- you use such accessories or parts, your guarantee becomes invalid.
- Do not exceed the maximum indication on the blender jar.
- Do not exceed the maximum quantities and processing times indicated in the relevant table (Fig. 7).
- If food sticks to the wall of the blender jar, switch off the appliance and unplug it. Then use a spatula to remove the food from the wall.
- Never fill the blender jar with ingredients hotter than 40 °C.
- The appliance can only be switched on if the blender jar is assembled on the motor unit correctly.

Blender

Warning

 Never reach into the blender jar with your fingers or an object while the appliance is running. If the blade unit gets stuck, unplug the appliance before you remove the ingredients that block the blades.

Caution

- To prevent spillage, do not put more than 2 litres of liquid in the blender jar, especially when you process at a high speed. Do not put more than 2 litres in the blender jar when you process liquids or ingredients that tend to foam
- Do not operate the appliance for multiple batches of recipes. Let the appliance to cool down for 30 minutes before you continue operating again.
- Always make sure the lid is properly closed/ assembled on the jar and the measuring cup is inserted properly in the lid before you switch on the appliance.
- Noise level: Lc = 89 dB [A]

Electromagnetic fields (EMF)

This Philips appliance complies with all standards regarding electromagnetic fields (EMF). If handled properly and according to the instructions in this user manual, the appliance is safe to use based on scientific evidence available today.

Recycling

Do not throw away the product with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment.

2 Overview (Fig. 1)

Main unit

- 1 Tamper
- 2 Measuring cup
- 3 Blender lid
- 4 Blender jar
- S Rubber pad
- 6 Motor unit
- (7) Power switch

Control panel

- (8) Speed selector (Rotary knob)
 - 0: switch off the blender
 - **1-10**: switch on the blender and select a blending speed setting
 - P: pulse setting
- (9) Program LED and button
 - (1) Fruit & vegetable smoothie
 - Five grains & soy milk
 - Nuts
 - Soup
 - (lce crushing
- (10) Overheat warning LED
- (11) Timer (M:SS)
- (12) Sleep LED
- (13) Dome (HR3868 only)

3 Before first use

Before you use the blender for the first time, thoroughly clean the parts that come into contact with food.

If the timer shows "---", turn the rotary knob to speed 0 and place the jar on the motor unit.

Built-in safety lock

This feature ensures that you can only switch on the appliance if you have put the blender jar correctly on the motor unit. If the blender jar is put correctly, the built-in safety lock is unlocked.

When the blender jar is not placing well on the motor unit during blending, the message "Err" displays.

To reset your blender in this case, follow the steps below:

- 1 Switch off the blender. Make sure the rotary knob is at "0".
- 2 Switch on the blender.

Auto stop

Your blender will be automatically turned off after 4 minutes of continuous operation. This can avoid potential problems due to prolonged usage.

Overload protection

The overheat warning LED (thermometer icon) flashes when the blender is overloaded. If the blender continues working with heavy load, the message "Hot" displays when it is fully overloaded. The blender will automatically stop working.

Note: if the temperature of the appliance is too high or the appliance is overused, the message "Hot" displays directly and the blender will also stop working.

To reset your blender in case of overload and auto stop protection, follow the steps below:

- 1 Switch off the blender and then unplug it.
- 2 Remove some of the ingredients to reduce the load.
- 3 Allow the appliance to cool down for 30 minutes.
- 4 Connect the power plug to the wall outlet and switch on the blender.

Blender jar

The jar is designed for processing various recipes like smoothie, juice, sauce, grain milk, soup, puree, frozen dessert, ice crushing, nut butter, chopping or grinding dry ingredients.

If the jar is used for grinding dry ingredients, the jar wall will be scratched and become cloudy. There is no negative impact on the blending performance and no food safety concern. It is still safe to use.

4 Preset blending mode (Fig. 2)

- Assemble your blender jar as indicated.
- 2 Put the ingredients in the jar.
- 3 Insert the measuring cup and close the lid
- **4** Put the plug in the wall outlet and switch on the blender.
 - → The timer shows 0:00 and program LEDs turn on. The appliance is ready to use.
- 5 Select a program by pressing a program button on the panel.
 - → The blender starts blending as programmed.
 - → The timer starts counting down.
 - See table 1 for purposes and blending time of different programs.
 - To stop the current blending program, press the selected program button again.
 - To switch to manual blending mode during the blending process, turn the knob to a speed setting as needed.
 - To switch to pulse mode during the blending process, turn the knob to P several times.
- 6 Switch off the blender and unplug it after blending.
 - → The blender stops blending when the timer reaches 0:00.
- 7 Remove the blender jar from the motor unit.
- 8 Open the lid and pour out the ingredients from the blender jar.

5 Manual blending mode (Fig. 3)

- 1 Assemble your blender jar as indicated.
- 2 Put the ingredients in the jar.
- 3 Insert the measuring cup and close the lid
- **4** Put the plug in the wall outlet and switch on the blender.
- 5 Turn the knob to a speed setting as needed.
 - → The blender starts blending.
 - → The timer starts counting up.
 - To switch to pulse blending mode during the blending process, turn the knob to P several times.
- **6** Turn the knob to speed 0 to stop blending.
 - → Let the blender cool down for 5 minutes after blending.
- 7 Switch off the blender and unplug it. Then remove the blender jar from the motor unit.
- 8 Open the lid and pour out the ingredients from the blender jar.

6 Sleep mode

Your blender will go into sleep mode after 3 minutes when there is no operation and sleep LED (power LED) is on. You can wake up the appliance and start manual blending by turning rotary knob to a speed setting needed.

7 Use the tamper (Fig. 4)

You can use the tamper to process very thick mixtures or recipes with less liquid which cannot be processed well in a normal blender, e.g. nut butters, frozen dessert or puree vegetables. The tamper helps circulation by preventing air formed.

The tamper is used to stir and push ingredients into the blades when the blender is on

Note: Use the tamper only when the lid is assembled correctly to the jar to avoid tamper hitting the blades.

Tips: You can move the tamper up and down, turn around or push it toward the side or corner of the jar to help ingredients circulate.

8 Use the dome (HR3868 only) (Fig. 5)

You can use the dome to reduce the noise during blending.

Follow the steps to assemble and use the dome as indicated in fig. 5.

9 Cleaning (Fig. 6)



Warning

- · Before you clean the appliance, unplug it.
- Refer to Fig. 6 for information on cleaning the parts with water, dishwashing machine and/or moist cloth.
- Do not remove the rubber pad on top of the motor unit.



Caution

- Make sure that the cutting edges of the blades do not come into contact with hard objects.
 This may cause the blade to get blunt.
- The cutting edges are sharp. Be careful when you clean the blade units.
- 1 Clean the motor unit with a moist cloth.
- 2 Clean the other parts in hot water (< 60°C) with some washing-up liquid or in a dishwasher.
- 3 Store the appliance and accessories in a dry place after cleaning.

Quick cleaning

Follow the steps below to clean the blender jar easier.

- Pour lukewarm water (not more than 1 liters) and a few drops of washing-up liquid into the blender jar.
- 2 Insert the measuring cup and close the lid
- 3 Turn the knob to speed 10. Let the blender run for 30 seconds or until the blender jar is clean.
- **4** After use, switch off the blender and then unplug the appliance.
- 5 Remove the blender jar and rinse it with clean water.

10 Guarantee and service

If you have a problem, need service, or need information, see www.philips.com/support or contact the Philips Consumer Care Center in your country. The phone number is in the worldwide guarantee leaflet. If there is no Consumer Care Center in your country, go to your local Philips dealer.

Table 1

Program	Purpose	Blending time	Recipe
Fruit & vegetable Smoothie	Blend whole fruits and vegetables to get both the juice and fiber	1 min	Carrot, apple, orange and celery juice 400g peeled orange 400g quartered apple 250g sliced carrots 250g sliced celery 300ml water 15g honey 1. Put all ingredients into jar. 2. Insert measuring cup and close lid. 3. Press the "Fruit & vegetable smoothie" button. Tips: You can add some ice cubes to obtain
			a cool juice
Five grains & soy milk	Blend any types of grains, beans, nuts and water into smooth milk	4 min	Soy milk 450g soaked soy beans 1250ml room temperature water Sugar to taste 1. Cook the soaked soy beans for 20 minutes. 2. Drain beans and cool down for 15 minutes. 3. Put all ingredients into jar. 4. Insert measuring cup and close lid. 5. Press the "Five grains & soy milk" button.
			Tips: You can precook more beans and store in refrigerator for later use.

Program	Purpose	Blending time	Recipe
Nuts	Grind whole nuts into finely chopped result	30 sec	Ground almonds 200g almonds 1. Put all ingredients into jar. 2. Insert the measuring cup and close the lid. 3. Press the "Nuts" button. 4. To obtain a floury result, press the "Nuts" button again after program stops.
Soup	Blend vegetables into silky soup	4 min	Creamy tomato soup 750g quartered tomatoes 160g sliced carrots 700ml stock ½tbsp white wine vinegar Salt and pepper to taste 1. Put all ingredients into jar. 2. Insert the measuring cup and close the lid. 3. Press the "Soup" button. 4. When the program stops, take out the jar and remove the lid. Pour out soup into a cooking pot. Cook for 15 minutes or until it is hot enough to serve. Add salt and pepper to taste. Tips: You can tune your soup by adding 1 tbsp fresh thyme leaves or a handful of fresh basil leaves. When preparing soups with extremely hard ingredients (like bones of some fish), suggest to filter out and discard any hard pieces left in the jar.

Program	Purpose	Blending time	Recipe
Ice crushing	Crush ice within few pulses	30 sec	Mango and yoghurt with crushed ice 14 pieces ice cubes 240g peeled and seeded mango 200ml yoghurt 1. Put ingredients into jar according to above sequence. 2. Insert measuring the cup and close the lid. 3. Press the "Ice crushing" button. Tips: You can press the "Ice crushing" button again to obtain a smoother result.

Recipe:

Ingredients:	Procedure:
950 g minced pork	1. Put the minced pork and scallion into jar.
20 g scallion	2. Blend the recipe for 10 seconds at speed 10.

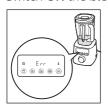
Troubleshooting 11

The blender cannot be used without load which can cause damage to the blender.

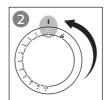
When the jar is filled with less than 250 ml of ingredients, please press and hold the jar lid firmly (as indicated) to stabilize the blender while processing.

In the event that display will show "Err" message due to jar wobbling out of its position, please follow below instructions:

- Switch **OFF** the blender.
- Make sure the rotary knob is set at "0".
- Switch **ON** the blender.











Problem	Solution
Why does the jar become scratched and cloudy?	If the jar is used for grinding dry ingredients, the jar wall will be scratched and become cloudy. There is no negative impact on the blending performance and no food safety concern. It is still safe to use.
Why do the ingredients become warm after blending?	This is a high speed blender so processing time is faster than a normal blender. You can use the preset blending mode or shorten the blending time under manual blending mode to avoid over blending and warming.
When the blender stops working and the message "Hot" displays, what does it mean?	The overheat warning LED (thermometer icon) flashes when the blender is overloaded. If the blender continues working with heavy load, the message "Hot" displays when it is fully overloaded. The blender will automatically stop working. Note: if the temperature of the appliance is too high or the appliance is overused, the message "Hot" displays directly and the blender will also stop working. To reset your blender in case of overload and auto stop protection, follow the steps below: 1 Switch off the blender and then unplug it. 2 Remove some of the ingredients to reduce the load. 3 Allow the appliance to cool down for 30 minutes. 4 Connect the power plug to the wall outlet and switch on the blender.

1 歡迎使用本產品

恭喜你購買 Philips 產品,歡迎來到 Philips 世界! 要享受 Philips 為您提供的全面 支援,請在以下網站 www.philips.com/ welcome 註冊您的產品。

使用本產品前請先閱讀本用戶手冊,並保 管以作將來參考。

警告

- · 產品插電的時候請勿觸碰刀 片。如果刀片卡住,清除食 材前請先拔下插頭。在使用 尖銳的刀鋒、清空碗内食材 及清潔時請注意安全。
- · 進行以下操作前請關閉及拔 除裝置電源:
 - 將裝置從架上移除、更換配件或接近使用時會移動的部件。
 - 組裝、拆卸或清洗裝置。
 - 閒置不用時。
- · 請勿將本產品侵入水中或任 何其他液體中。
- · 在連接本產品前,請檢查產品註明的指示電壓與當地電源電壓是否對應。
- · 如果插頭或電源線受損,或 有明顯裂痕,請勿使用產 品。如電線受損,您必需經 由 Philips,Philips 認可的 服務中心,或是同樣受認可 人仕更換以避免危險。

- · 使用產品前,請確保杯蓋 和量杯穩固地安裝到攪拌 杯上。
- · 此產品不可供兒童使用。 請勿讓兒童使用此產品及其 電線。
- · 此產品可供體能、感官或心智能力低下人仕,或缺乏知識及經驗人仕使用,如該等人住已就使用本產品給予監督或有關安全使用本產品的指導及明白本產品的使用所涉及的危險。
- · 兒童應受監督以確保他們不 會以本產品玩耍。
- · 電源開啟時,切勿在馬達底 座上安裝攪拌杯或將其從馬 達底座上拆除。
- 此產品只適合家居使用。
- · 使用前請先讀取「用戶手 冊」的清潔步驟一節。
- · 為避免熱熔斷路器意外重置 帶來的危險,此裝置不得透 過外部開關裝置供電,如定 時器或連接到裝置經常開啟 及關閉的電路。
- · 摩打耦合組件仍在運行時, 請勿把攪拌杯放在主機上。
- · 刀片尚未完全停止的時候, 請勿將攪拌杯從主裝置上 拆走。

- · 不能在沒有食材、食材份量 過少,或液體不足 250 毫升 的情況下使用攪拌機。 放進份量過少的食材或液體 能損壞攪拌器。
- · 攪拌機必須配合橡膠墊一同 使用 請勿移除馬達裝置上 方的橡膠墊

注意

- · 請勿使用任何其他廠商製造 而非 Philips 特別建議使用 的配件或零件。如使用該等 配件或零件,您的保障將會 失效。
- · 不要超過攪拌杯指示的最大 容量刻度。
- · 請勿放入過量食材,且處理 時間不要超過相關表格中所 述(圖 7)。
- · 如果食物沾粘在攪拌杯的內面,請關閉產品並拔下插頭。然後使用抹刀將食物從 攪拌杯的內面清除。
- · 在攪拌杯中裝入的食材溫度 不得高於 40°C。
- · 只有在攪拌杯正確組裝到馬 達裝置上,才可啟動裝置。

攪拌機

警告

- · 如果產品正在使用中, 請勿將手指或物品伸入 攪拌杯中。
- · 如果刀片卡住,清除卡住刀 片的食材前請先拔下產品的 插頭。

注意

- · 為了避免濺漏,請勿在攪拌 杯中放入 2 公升以上的液 體,特別是在進行高速處理 時。處理液體或可能會發泡 的食材時,請勿在攪拌杯中 放入多於 2 公升的材料。
- · 請勿使用產品連續執行多個 食物製作過程。請先讓產品 冷卻 30 分鐘,然後才再次 使用。
- · 請務必確認攪拌杯的壺蓋已 確實蓋上,且量杯已確實插 入壺蓋,然後才可開啟此 設備。
- ・ 噪音水平: Lc = 89 dB [A]

電磁場(EMF)

這款 Philips 產品符合一切有關電磁場 (EMF)之安全標準。在現存的科學証明下,本產品如按照本用戶手冊指示正確地使用,使用是安全的。

環保

請勿在本產品使用壽命結束後當作一般家 庭垃圾廢棄,應交給官方回收站作循環再 用。這樣做有助保護環境。

2 概覽(圖 1)

主裝置

- ① 填壓器
- ② 量杯
- ③ 攪拌杯蓋
- (4) 攪拌杯
- (5) 橡膠墊
- ⑥ 馬達裝置
- (7) 電源開關

控制面板

- ⑧ 選速器(旋鈕)
 - 0: 關閉攪拌機
 - 1-10: 開啟攪拌機, 然後選取一個速
 - 度設定 P:脈衝設定
- 9 程式 LED 及按鈕
 - (五) 蔬果奶昔
 - ⑤ 五穀及豆漿
 - (20) 果仁
 - 圖湯水
 - ② 沙冰
- ⑩ 過熱警告 LED 燈
- ① 計時器 (M:SS)
- ⑫ 備用狀態 LED 燈
- ③ 圓頂(僅限 HR3868)

3 首次使用前

第一次使用攪拌器前,請先徹底清潔會與 食物接觸的部件。

如計時器顯示「---」,請將旋鈕調到 0 速度,然後將攪拌杯放到馬達裝置上。

內置安全啟動系統

此功能可確保只有在攪拌杯已穩妥安裝在 馬達裝置上時才能使用。如攪拌機擺放正 確,內置的安全鎖會解除。

如攪拌機在攪拌期間並未妥善置放於馬達 裝置上,「Err」的錯誤信息便會顯示。

此情況下,請按照以下步驟重設攪拌機:

- **1** 關閉攪拌機。確保已將旋鈕轉至「O」.
- 2 開啟攪拌機。

自動停止

攪拌機連續使用 4 分鐘後,將會自動關閉。 可避免因長時間使用而導致的問題。

過載保護

如裝有過多的材料,過熱警示 LED (溫度計圖示)會閃爍以作出提示。如果攪拌機裝有過多的材料但繼續進行操作,螢幕將會顯示「Hot」的過熱信息。攪拌機將自動停止運作。

注意:如果裝置的溫度過高或裝置過度使用,將會直接顯示「Hot」,攪拌機也會停止運作。

如遇上攪拌機過載和裝置自動停止的情況,需要重設攪拌機,請跟從以下步驟操作。

- 關閉攪拌機,然後拔除電源插頭。
- 2 取走部分食材來降低負載。
- 3 讓裝置冷卻 30 分鐘。
- **4** 將電源插頭連接到牆上電源插座,並啟動攪拌機。

攪拌杯

攪拌杯專為執行多種食物處理而設,如沙冰、果汁、醬汁、穀物奶、湯、果泥、冰甜品、碎冰、堅果醬及乾身食材(切割和弄碎)

如弄碎乾身食材過程中使用攪拌瓶,瓶壁 會留下刮花痕跡,變得殘舊, 但不會對攪 拌機的表現及食物安全造成不良影響。換 言之,裝置仍可安全使用。

4 預設攪拌模式 (圖2)

- 1 按照指示裝上你的攪拌杯。
- 2 將食材放進攪拌杯上。
- 3 插好量杯,然後關上蓋子。
- 4 將插頭插入電源插座,然後開啟攪 拌機。
 - → 計時器顯示為: 0:00,程式 LED 燈將會亮起。裝置已準備好使用。
- 5 按下面板上的按鈕,選取一個程式,
 - → 攪拌器會開始根據程式運作。
 - → 計時器開始倒數計時。
 - · 查看表 1,了解各個攪拌程式的用 途和攪拌時間。
 - · 要停止目前的攪拌程式,請再次按 下選擇的程式按鈕。
 - · 攪拌過程中,如要切換到手動模式,請按需要將旋鈕轉動到一個速度設定。
 - · 如在攪拌過程中,如要切換到脈衝 模式,請轉動旋鈕至 P 幾次。
- 6 攪拌後,請關閉攪拌機,然後拔除電 源插頭。
 - → 如計時器到達 0:00,攪拌機會停止運作。
- 7 將攪拌杯從摩打裝置移除。
- 8 打開蓋子,將食材從攪拌杯中倒出。

5 手動攪拌模式 (圖3)

- 1 按照指示裝上你的攪拌杯。
- 2 將食材放進攪拌杯上。
- 3 插好量杯,然後關上蓋子。
- 4 將插頭插入電源插座,然後開啟攪 拌機。
- 5 將旋鈕轉動到所需的速度設定。
 - → 攪拌機開始操作。
 - → 計時器開始計時。
 - · 如在攪拌過程中,切換到脈衝模式,請轉動旋鈕至 P 幾次。
- 6 將旋鈕轉動至速度 O,以停止運作。
 - → 攪拌後讓産品冷卻 5 分鐘。
- 7 關閉攪拌機,然後拔除電源插頭。將攪 拌杯從摩打裝置移除。
- 8 打開蓋子,將食材從攪拌杯中倒出。

6 睡眠模式

如裝置閒置 3 分鐘或以上,裝置將會進入 睡眠模式,睡眠 LED (電源 LED) 燈將會 亮起。你可喚醒裝置,然後轉動旋鈕所需 要的速度,開始手動模式。

7 使用填壓器(圖4)

你可以使用填壓器處理較濃的混合物,或普通攪拌機處理不來的較少液體食材,例如果 仁牛油、冷凍甜品或蔬菜原漿。填壓器可防 止空氣成形,有助攪拌過程的循環。

攪拌機啟動時,填壓器可用來攪拌和將食 材推到接近刀片的位置。

注意:只有在蓋子正確安裝到攪拌杯的時候 方可使用填壓器,避免填壓器擊中刀片。

貼士:你可以將填壓器上下移動,轉動或將 其推向攪拌杯的邊或角,令食物更均勻。

8 使用圓頂(僅限 HR3868)(圖5)

你可以使用圓頂減少攪拌過程的噪音。 按照圖 5.

9 清潔(圖6)

警告

- · 清潔裝置前,請拔除電源插頭。
- · 參考圖 6,了解使用水、洗碗機及/或濕布清潔部 件的資料。
- · 請勿移除馬達裝置上方的橡膠墊

注意

- 避免刀片的刃口與堅硬物體接觸。否則可能會導致刀片變鈍。
- 用以切割的刀鋒非常鋒利。清潔刀片組件時請加倍小心。
- 1 請用濕布清潔馬達裝置。
- 請用混有少量清潔劑的熱水 (< 60 °C) 清潔其他組件,或使用洗碗 機進行清潔。
- 3 清洗後請將裝置及配件存放在乾燥的 地方。

快速清潔

按照以下的步驟可更輕鬆清洗攪拌杯。

- 將溫水(不超過1升)和數滴清潔劑倒入攪拌杯。
- 2 插好量杯,然後關上蓋子。
- 3 轉動旋鈕至速度 10。讓攪拌機運行 30 秒,或直至攪拌杯乾淨為止。
- **4** 使用後,關閉攪拌機,然後拔除電源 插頭。
- 5 取出攪拌杯,並用清水沖洗。

10 保養及服務

如果有疑問、需要服務或資訊,請參閱 www.philips.com/support,或與您所在國家/地區的 Philips 顧客服務中心聯絡。電話號碼已刊登在全球保障單張上。如果您的國家沒有顧客服務中心,請前往當地的 Philips 經銷商。

圖表1:

節目	目的	攪拌時間	食譜
蔬果奶昔	將整個水果 和蔬菜閱 拌,同時享 用鮮果汁和 膳食纖維	1 分鐘	紅蘿蔔、蘋果、橙和芹菜汁 400 克橙肉 400 克蘋果塊 250 克紅蘿蔔片 250 克芹菜條 300 毫升水 15 克蜂蜜 1. 將所有食材放入攪拌瓶中。 2. 插好量杯,然後關上蓋子。 3. 按「蔬果奶昔」按鈕。 提示: 您可以加入一些冰塊來製作凍果汁
五穀及豆漿	將任何類型 的穀類、果仁 和水攪拌, 帶來順滑 的糊	4分鐘	豆漿 450 克已浸泡黃豆 1250 毫升室溫清水,按喜好加糖 1. 烹煮黃豆 20 分鐘。 2. 將黃豆瀝乾並等候冷卻 15 分鐘。 3. 將所有食材放入攪拌瓶中。 4. 插好量杯,然後關上蓋子。 5. 按「五穀及豆漿」按鈕。 提示: 您可以預先烹煮更多豆子,然後放在冰箱中以便稍後使用。
果仁	將整個果仁 研磨成細碎 的顆粒	30 秒	杏仁粉 200 克杏仁 1. 將所有食材放入攪拌瓶中。 2. 插好量杯,然後關上蓋子。 3. 按「果仁」按鈕。 4. 如要研磨成更碎的粉末,請於程式停止後再次按「果仁」按鈕。

節目	目的	攪拌時間	食譜
湯水	將時蔬攪拌成濃湯	4 分鐘	香滑番茄湯 750克番茄塊 160克紅蘿蔔片 700毫升高湯 湯匙白酒醋 按喜好加鹽及黑椒 1.將所有食材放入攪拌瓶中。 2.插好量杯,然後關上蓋子。 3.按「湯水」按鈕。 4.當程式停止時,請拿出攪拌瓶並取下蓋子。將湯水倒入烹飪鍋中。烹煮 15分鐘,或直到夠熱可以上桌為止。按喜好加鹽及黑椒。 提示: 您可以加入1湯匙的百里香葉或一把新鮮羅勒葉,為湯水添加風味。 準備含堅硬食材(例如魚骨)的湯水時,建議您將食材濾出,並將攪拌瓶中任何剩餘的硬物拋棄。
沙冰	瞬間點動幾 下即可攪碎 冰塊	30 秒	將芒果和優格混合再加入冰塊 14 塊冰塊 240 克芒果肉 200 毫升優格 1. 依照以上順序將食材放入攪拌瓶。 2. 插好量杯,然後關上蓋子。 3. 按「沙冰」按鈕。 提示: 您可以再次按「沙冰」按鈕以製作出更順滑的口感。

食譜:

材料:	步驟:
950 克免治豬肉	1. 將免治豬肉和蔥放入攪拌杯中。
20 克蔥	2. 以 10 檔速度將食物攪拌 10 秒鐘。

11 疑難排解

必需盛載食物後才可使用攪拌機,否則會損壞機件。

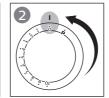
如果攪拌瓶盛載的食材少於 250 毫升,請於處理食物時按實瓶蓋 (如圖所示)以便穩定攪拌器。

當遭遇因攪拌器移位而導致螢幕顯示 「Err」 信息的情況, 請依照以下指示處理。

- 1 關閉攪拌機。
- 2 確保已將旋鈕轉至「O」。
- 3 開啟 攪拌機。









問題

變暖?

為甚麼攪拌瓶會被刮花而 變得殘舊?

為甚麼食材在攪拌後會

當攪拌機停止運作且顯示「Hot」時,代表什麼意思?

解決方案

如弄碎乾身食材過程中使用攪拌瓶,瓶壁會留下刮花痕跡,變得殘舊, 但不會對攪拌機的表現及食物安全造成不良影響。換言之,裝置仍可 安全使用。

高速攪拌機處理食物的時間比普通攪拌機較快。您可以使用預設攪拌模式,或是選擇手動攪拌模式以縮短攪拌時間,避免過度攪拌及變暖。

如裝有過多的材料,過熱警示 LED (溫度計圖示)會閃爍以作出提示。如果攪拌機裝有過多的材料但繼續進行操作,螢幕將會顯示「Hot」的過熱信息。攪拌機將自動停止運作。

注意:如果裝置的溫度過高或裝置過度使用,將會直接顯示「Hot」, 攪拌機也會停止運作。

如遇上攪拌機過載和裝置自動停止的情況,需要重設攪拌機,請跟從以下步驟操作。

- 1 關閉攪拌機,然後拔除電源插頭。
- 2 取走部分食材來降低負載。
- 3 讓裝置冷卻 30 分鐘。
- 4 將電源插頭連接到牆上電源插座, 並啟動攪拌機。

