



Introduction

Congratulations on your purchase and welcome to Philips! To fully benefit from the support that Philips offers, register your product at www.philips.com/welcome.

The induction cooker works on the basis of an electromagnet that creates a powerful, high-frequency electromagnetic field. When cookware consisting of magnetic material (e.g. iron) is placed on the induction cooker, the electromagnetic field transfers energy to the bottom of the cookware, which causes the cookware and the food inside it to become hot. The amount of heat generated in the cookware is controlled by varying the strength of the electromagnetic field. When the strength of the electromagnetic field is changed, the temperature of the cookware changes instantly.

Advantages of the induction cooker:

- Safe: the induction cooker does not make use of an open flame or fire. It also has a number of safety features, which allow you to enjoy cooking with your family whenever you want.
- Fast: in induction cooking, the cookware serves as the heat source. This results in much faster and more even heat transfer, shortening the cooking time by more than 1/3 compared to conventional cooking.
- Versatile: the induction cooker has 2 preset cooking modes, each with its own optimal heating pattern. These modes allow you to prepare a great variety of nutritious meals.
- Very user friendly: the simple and interactive control panel and display allow you to easily adjust the settings at the touch of a button.
- Comfortable: the induction cooking process is smoke-free and produces less grease. Moreover, the cooker and the surrounding area stay cool. This allows you to cook in a cool and comfortable environment.
- Portable: the induction cooker has a compact design and the cooking plate stays cool. This means the appliance is always safe to use and allows you to cook anywhere in your home.

General description (Fig. 1)

- A** Crystalite cooking plate
- B** Cooking zone
- C** Body
- D** Control panel
- E** Mains cord
- F** Air inlet
- G** Air outlet

Control panel

- 1 Display for cooking time and power level
- 2 Cooking mode buttons with lights for hot pot and stir-fry modes
- 3 Cooking time button with cooking time light
- 4 Start button with start light
- 5 Power on/off button with power-on light
- 6 +/- buttons for setting cooking time and power level
- 7 Power-level indicator light

Important

Read this user manual carefully before you use the appliance and save it for future reference.

Danger

- Never immerse the appliance in water or rinse it under the tap.
- Do not cover any part of the cooking plate with aluminium foil to prevent the risk of electric shock, short circuiting or fire.

Warning

- Check if the voltage indicated on the appliance corresponds to the local mains voltage before you connect the appliance.
- The temperature of accessible surfaces may be high when the appliance operates.
- Only connect the appliance to an earthed wall socket. Always make sure the plug is inserted firmly into the socket.
- Do not use the appliance if the plug, the mains cord or the appliance itself is damaged.
- If the mains cord is damaged, you must have it replaced by Philips, a service centre authorised by Philips or similarly qualified persons in order to avoid a hazard.
- If the surface of the cooking plate is cracked, switch off the appliance and do not use it anymore to prevent the risk of electric shock.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

- Children should be supervised to ensure that they do not play with the appliance.
- Keep the mains cord out of the reach of children. Do not let the mains cord hang over the edge of the table or worktop on which the appliance stands.
- Make sure the cooking plate is clean and dry before you switch on the appliance.
- Do not cover the air outlet while the induction cooker is operating.
- Do not plug in the appliance or operate the control panel with wet hands.
- Do not touch the cooking plate after cooking, as it retains heat from the cookware.
- Metallic objects such as knives, forks, spoons and lids should not be placed on the cooking plate since they can get hot.

Caution

- Never use any accessories or parts from other manufacturers or that Philips does not specifically recommend. If you use such accessories or parts, your guarantee becomes invalid.
- Do not expose the induction cooker to high temperatures, hot gas, steam or damp heat. Do not place the induction cooker on or near an operating or still hot stove or cooker.
- Always switch off the appliance before you unplug it.
- Always unplug the appliance and let it cool down before you clean it.
- This appliance is intended for indoor household use only. If the appliance is used improperly or for professional or semi-professional purposes or if it is not used according to the instructions in the user manual, the guarantee becomes invalid and Philips will not accept liability for any damage caused.
- Place the induction cooker on a stable, horizontal and level surface and make sure there is at least 10cm free space around it to prevent overheating.
- Do not operate the appliance on a plastic tablecloth.
- Do not place anything between the cookware and the cooking plate.
- The maximum weight that can be put on the induction cooker is 7kg.
- Beware of hot steam that comes out of the cookware during cooking or when you remove the lid.
- Do not lift and move the induction cooker while it is operating.
- Never put empty cookware on the switched-on induction cooker, as this could cause the cookware to become distorted or the heating coil to become damaged.
- Do not store flammable materials and liquids near or on the induction cooker.
- Avoid hard contact between the cookware or other objects and the crystalite cooking plate.
- Always place the cookware on the cooking zone during cooking.
- Never connect this appliance to an external timer switch or remote control system in order to avoid a hazardous situation.
- Do not use cookware with a bottom diameter of more than 16cm to deep-fry food, as this causes the appliance to malfunction.

Automatic shut-off

The appliance is equipped with automatic shut-off. It switches off automatically in two situations:

- In the hot pot mode and manual mode, the appliance switches off automatically if you do not press any button for 60 minutes.
- If there is no cookware or unsuitable cookware on the cooking place when you press the start button or if you remove cookware from the cooking plate during cooking, the cooker beeps continuously, the display shows '----'. The cooker automatically switches off after 1 minute unless you put the cookware back onto the cooking plate within this minute.

Electromagnetic fields (EMF)

This Philips appliance complies with all standards regarding electromagnetic fields (EMF). If handled properly and according to the instructions in this user manual, the appliance is safe to use based on scientific evidence available today.

Before first use

Remove all packaging material from the induction cooker.

Preparing for use

- 1 Place the appliance on a dry, stable and level surface.
- 2 Make sure there is at least 10cm free space around the appliance to prevent overheating.
- 3 Always place the cookware on the cooking zone during cooking.
- 4 Make sure you use cookware of the correct type and size (see the tables below).

Recommended types and sizes of cookware

Suitable cookware for the induction cooker

Material	Cookware with a bottom made of iron or magnetic stainless steel
Shape	Cookware with a flat bottom
Size	Cookware with a bottom diameter of 12-20cm, depending on the cooking mode (see tips below)
Weight	Cookware with a weight of up to 7kg (including contents)

Cookware NOT suitable for the induction cooker

Material	Cookware with a bottom made of non-iron metal, crystalite, glass, aluminium and copper
Shape	Cookware with a concave or convex bottom
Size	Cookware with a bottom diameter of less than 11cm
Weight	Cookware with a weight over 7kg (including contents)

Tip: When you cook in the manual mode or hot pot mode, you can use cookware with a bottom diameter of 12-20cm.

Tip: To deep-fry food, we advise you to use cookware with a bottom diameter of 12-16cm.

Using the appliance

Only use cookware that is suitable for induction cooking (see chapter 'Preparing for use').

Note: Always place and use the appliance on a dry, stable and level surface. The tables below shows the default settings in the different cooking modes and to what extent these default settings can be adjusted.

Default and adjustable settings

Mode	Default power level	Default cooking time	Adjustable power level	Adjustable cooking time	Display indications
Manual	4	5	1-7	5-180	Power level Remaining cooking time (if cooking time is set)
Hot pot	7	-	1-7	-	Power level
Stir fry	6	30	1-7	5-60	Power level Remaining cooking time (if you press cooking time button)

Note: If you want to boil water quickly, simply set to manual mode and set the power level to 7. The suggested boiling time for 1 litre is 3-5 minutes, for 2 litres 6-10 minutes and for 3 litres 9-14 minutes.

Power level settings

	Low		Mid		High		
Power level	1	2	3	4	5	6	7
Related wattage (W)	400	800	1200	1400	1600	1800	2000

Using the different modes

You can simply operate the appliance manually or you can choose one of the two preset cooking modes.

- Put the mains plug in the wall socket and press the Power on/off button to switch on the appliance. (Fig. 2)
 - The appliance produces a 2-second beep and the power-on light goes on.
 - The display shows the default power level (4) (Fig. 3).
- Place the cookware on the cooking zone.
- Press the start button to operate the appliance manually or press the button of the preset mode you want to use (Fig. 4).
 - The indicator light above the preset mode button goes on.
 - If you select one of the preset modes, the appliance is set to the default settings for manual operation (5 minutes cooking time and a power level of 4) or to the default settings of the selected preset mode.

Note: Before you press the start button to confirm the selected mode, you can still switch to another mode. If you want to switch to a different mode after you have pressed the start button, you have to switch off the appliance by pressing the power on/off button. Then press the power on/off button again to switch the appliance back on and select the desired mode.

- If you want to start cooking at the default setting of the selected preset mode, continue with step 7.

See the default settings and cooking time table above for the default settings in the different cooking modes.

- If you want to adjust the power level, press the + and - buttons. (Fig. 5)
 - The power level indicator light goes on.

Note: You can also adjust the power level during cooking.

- If you want to adjust the cooking time, press the cooking time button and then adjust the time with the + and - buttons (Fig. 6).
 - The cooking time light goes on.

Note: When you press the + and - buttons briefly, the time increases or decreases by 1 minute. When you press the buttons longer, the time increases or decreases by 5 minutes.

Note: You can also adjust the cooking time during cooking.

Note: You cannot adjust the cooking time in hot pot mode.

- Press the start button (Fig. 7).
 - The start light goes on.
 - The induction cooker automatically starts operating according to the selected mode.

Note: If you have not adjusted the cooking time or power level, the induction cooker starts operating at the default settings of the manual mode or preset mode.

- During cooking, the fan switches on to keep the appliance cool. When you switch off the appliance, the fan remains on for approx. 1 minute and then switches off automatically.
- If you have adjusted the power level, the display shows the set power level.
- If you have adjusted the cooking time in manual mode, the display shows the remaining cooking time.
- During cooking in hot pot mode, the display only shows the power level. You cannot adjust the cooking time in this mode.
- If you have adjusted the cooking time in stir-fry mode, the display still shows the power level. To view the remaining cooking time, press the cooking time button
- When the cooking time has elapsed, the appliance beeps a few times. The appliance automatically switches off and the power-on light goes out.

- Unplug the appliance after use.

Cleaning and maintenance

Cleaning

Never immerse the appliance in water nor rinse it under the tap.

Never use scouring pads, abrasive cleaning agents or aggressive liquids such as petrol or acetone to clean the appliance.

Do not put vinegar on the crystalite cooking plate.

- Unplug the appliance and let it cool down.
- Clean the appliance with a damp cloth and if necessary, with some mild cleaning agent.

Maintenance

Improper use can lead to scratches on the cooking plate. To avoid discolouring and scratches, use the appliance according to the instructions in this user manual and always clean the appliance and cookware properly after use.

Storage

Do not place heavy objects on the crystalite cooking plate as it is breakable.

Do not store the appliance in a hot place, for example near a cooker.

If you are not going to use the appliance for a longer period of time, we advise you to store the appliance in a dry and safe place.

Environment

- Do not throw away the appliance with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment (Fig. 8).

Guarantee and service

If you need service or information or if you have a problem, please visit the Philips website at www.philips.com or contact the Philips Consumer Care Centre in your country (you find its phone number in the worldwide guarantee leaflet). If there is no Consumer Care Centre in your country, go to your local Philips dealer:

Troubleshooting

If your induction cooker does not function properly or if the cooking quality is insufficient, consult the table below. If you are unable to solve the problem, contact a Philips service centre or the Customer Care Centre in your country.

Problem	Solution
The power-on light does not go on.	There is a connection problem. Check if the induction cooker is connected to the mains and if the plug is inserted firmly into the wall socket.
	The light is defective. Take the appliance to your Philips dealer or a service centre authorised by Philips.
When I press a cooking mode button, the on-light of the selected mode does not go on.	The light is defective. Take the appliance to your Philips dealer or a service centre authorised by Philips.
The cooking time light does not go on when I set the cooking time.	You have selected the hot pot cooking mode. You can only adjust the cooking time in the manual mode and in the stir-fry mode.
	The light is defective. Take the appliance to your Philips dealer or a service centre authorised by Philips.
The appliance beeps continuously.	You have put unsuitable cookware on the cooking plate or you have removed the cookware from the cooking plate during cooking. Place suitable cookware on the cooking plate.
I cannot switch to a different cooking mode during cooking.	You cannot switch to a different cooking mode during cooking. If you want to select a different cooking mode, press the power on/off button to switch off the cooker. Then press the power on/off button again to switch the cooker back on.
The fan works but the appliance has not started cooking.	You have to press the start button within 1 minute after you press the power on/off button. If you do not press the start button within 1 minute, the induction cooker switches off and the fan continues to work for 1 minute to cool down the appliance.

Codes on the display	Message	What you should do
----	There is no cookware on the cooking plate or the cookware is not suitable for the induction cooker.	Place suitable cookware on the cooking plate.

Codes on the display	Message	What you should do
E1	Unstable voltage in power supply network	Check if the voltage in your home is suitable for the induction cooker.
E2	The cooking plate has overheated.	Switch off the appliance and unplug it. Let it cool down for approx. 10 minutes and then switch on the appliance again.
E3	The appliance malfunctions	Take the appliance to a Philips dealer or a service centre authorised by Philips.
E4	The appliance has overheated	Check if the air outlet is covered. If so, remove the object covering the air outlet and let the appliance cool down. Then switch on the appliance again.
		If the air outlet is not covered, check if the fan works. Switch on the appliance and press the Start button. If the fan does not work, take the appliance to your Philips dealer or a service centre authorised by Philips.

Recipes

Stir-fried mushroom with bell pepper

Preparation time: 30 minutes

Ingredients:

- 120g fresh mushrooms
- 1 bell pepper
- 2 pieces spicy dried bean curd
- 30g fresh lily bulb
- 2 tablespoons oil
- 1 tablespoon finely chopped garlic
- Some salt and white pepper
- Some sesame oil

- 1 Clean the mushrooms with kitchen towel.
- 2 Remove the seeds of the bell pepper and cut into wedges.
- 3 Clean the dried bean curd and shred into thin pieces.
- 4 Divide the fresh lily bulb into pieces.
- 5 Heat the oil in the stir-fry mode (see chapter 'Using the appliance', section 'Using the different modes') and stir-fry the garlic until fragrant.
- 6 Add the mushrooms and dried bean curd and stir.
- 7 Add the bell pepper and lily bulb. Season with salt, white pepper and sesame oil to taste.

Diced chicken with red and green peppers

Preparation time: 30 minutes

Ingredients:

- 2 chicken breasts
- 2 red and green peppers
- 1 tablespoon soy sauce
- some salt
- 1 tablespoon sugar
- some vinegar
- 1 bowl cornstarch water
- some sliced scallions, ginger and garlic
- some chicken stock
- some oil
- some sesame oil

- 1 Dice the chicken breasts and peppers (green and red).
- 2 Mix the chicken dices properly with salt and cornstarch water.
- 3 Heat the oil in the stir-fry mode (see chapter 'Using the appliance', section 'Using the different modes'). Put the chicken dices in the wok and separate them with chopsticks.
- 4 Put in the green and red pepper dices and stir-fry thoroughly. Then empty the wok into a strainer.
- 5 Put the chicken and pepper dices in the wok again. Add various condiments and cornstarch to thicken.
- 6 Stir-fry evenly and sprinkle with sesame oil to taste.

Sweet and sour minced beef

Preparation time: 30 minutes.

Ingredients:

- 150g minced beef
- 2 tomatoes
- 90g green peas
- 90g potatoes
- 1 tablespoon minced garlic
- 1 tablespoon oil

Marinade:

- 1 tablespoon sesame oil
- 1 tablespoon oyster-flavoured sauce

Sauce mix:

- 125ml (1/2 cup) sweet and sour sauce.

- 1** Mix the minced beef with the marinade.
- 2** Cook the green peas and potatoes in boiling water in the manual mode (see chapter 'Using the appliance', section 'Using the different modes'). Drain the peas and the potatoes.
- 3** Heat 2 tablespoons of oil in the stir-fry mode. Sauté the minced garlic until fragrant.
- 4** Stir in the marinated minced beef, the peas, the tomatoes and the potatoes.
- 5** Add the sauce mix and cook until the minced beef is done.

簡介

恭喜您購買本產品並歡迎加入飛利浦！請於 www.philips.com/welcome 註冊您的產品，以善用飛利浦提供的支援。

電磁爐的運作原理是利用電磁鐵產生強力的高頻電磁場。將具磁性材料(如鐵製)的鍋具放在電磁爐上時，電磁場會將能源轉往鍋具底部，使鍋具及其中食物加熱。要調整鍋具溫度時，只要改變電磁場強度，鍋具溫度便會立即改變。

電磁爐的優點：

- 安全：電磁爐不使用火焰，還有多重安全裝置，讓您隨時都可以與家人一同烹調享受美食。
- 快速：使用電磁爐烹煮時，鍋具便是熱源。因此導熱更快也更好，跟傳統烹調方法比起來，最多能夠省下 1/3 以上的時間。
- 多樣化：電磁爐有 2 種預設烹調模式，每一種都設有最佳的加熱模式。善用這些模式即可調理各式各樣營養滿點的餐點。
- 簡易操作：互動式的控制面板簡潔有力，並有顯示螢幕助您操作按鈕輕易調整設定。
- 舒適：電磁爐烹調無煙不油膩，而且電磁爐本身和四週空間不悶熱，讓您舒舒服服調理餐點。
- 輕便：電磁爐設計輕巧，加熱面板也不留熱度，隨時都能安全操作，在家裡每個地方都可以調理餐點。

一般說明 (圖 1)

- A 黑晶玻璃加熱面板
- B 烹調區
- C 機體
- D K 控制面板
- E 電源線
- F 進風口
- G 出風口

K 控制面板

- 1 烹調時間與火力段數顯示
- 2 烹調模式按鈕附指示燈，用於火鍋與煎炒模式
- 3 烹調時間按鈕附烹調時間指示燈
- 4 開始按鈕附指示燈
- 5 電源開關按鈕附電源指示燈
- 6 設定烹調時間與火力段數的 +/- 按鈕
- 7 火力段數指示燈

重要事項

在使用本產品前，請先仔細閱讀本使用手冊，並保留說明以供日後參考。

危險

- 切勿將本產品浸入水中或置於水龍頭下沖洗。
- 請勿用鋁箔蓋住加熱面板任何部分，以避免觸電、短路或著火。

警示

- 在您連接電源之前，請檢查本地的電源電壓是否與產品所標示的電壓相符。
- 本產品運轉時，機體表面溫度很高。
- 僅可將本產品連接到有接地的電源插座上。請務必確定將插頭確實插入插座中。
- 當插頭、電線或產品本身受損時，請勿使用產品。
- 如果電線損壞，則必須交由飛利浦、飛利浦授權之服務中心，或是具備相同資格的技師更換，以免發生危險。
- 如果加熱面板表面有裂痕，請關閉產品電源勿再使用，以避免觸電。
- 基於安全考慮，在缺乏監督及適當指示之下，本產品不適用於孩童及任何身體、知覺、或心理功能障礙者，或缺乏使用經驗及知識者。
- 請勿讓孩童將本產品當成玩具。
- 請勿讓兒童接觸電源線。請勿讓電源線懸掛在產品放置的餐桌或流理台邊緣。
- 啟動電器之前請務必確定加熱面板已清潔且乾燥。
- 使用電磁爐時，請勿擋住出風口。
- 為電器插上電源或操作控制面板時，請確保雙手乾燥。
- 烹煮之後請勿觸摸加熱面板，因為面板尚有鍋具餘熱。
- 刀、叉、湯匙和蓋子等金屬物品溫度會升高，因此請勿放在加熱面板上。

警告

- 請勿使用其他製造商的任何配件或零件，或非飛利浦建議之配件或零件。如果您使用此類配件或零件，保修即會失效。
- 請勿使電磁爐暴露於高熱、熱瓦斯、蒸氣或濕熱中。請勿將電磁爐置於或靠近運作中或仍有餘熱的火爐或電子鍋。
- 拔下電源之前，請務必先關閉電源。
- 在進行清潔之前，請務必先拔除電器電源插頭並待其冷卻。

- 本產品僅供家用。如果不當使用本產品，作為專業或半專業用途，或未依照使用手冊的指示操作，保修將失效，且飛利浦將不擔負任何損壞賠償責任。
- 電磁爐應置於平穩的水平表面，並確定與周圍至少保持 10 公分的距離，以避免過熱。
- 請勿在塑膠桌上使用電磁爐。
- 鍋具與加熱面板之間請勿放置任何物品。
- 電磁爐上可放置最重重量為 7 公斤。
- 烹調時，或掀開鍋蓋時，請小心漏出的熱氣。
- 電磁爐運作中請勿舉起或移動電磁爐。
- 切勿將空的鍋具置於已啟動的電磁爐上，此舉可能使鍋具變形，也可能損壞加熱線圈。
- 請勿將易燃物或液體存放在電磁爐附近或電磁爐上。
- 避免使鍋具或其他物體強力碰撞黑晶加熱面板。
- 烹煮時請務必將鍋具置於烹調區內。
- 切勿為本產品加裝定時開關或搖控系統，以避免發生危險。
- 請勿使用底面直徑大於 16 公分的鍋具來油炸食物，此舉會導致本產品故障。

自動電源關閉

本產品配備自動電源關閉功能，以下兩種情況會自動關閉電源：

- 在火鍋模式與手動模式下，若您超過 60 分鐘沒有按下任何按鈕，電磁爐將自動關閉。
- 若按下開始按鈕時加熱面板上沒有鍋具，或使用了不適用的鍋具，或在烹調時將鍋具取走，電磁爐會持續發出嗶聲，顯示螢幕會顯示「----」。若 1 分鐘內未把鍋具放回加熱面板，電磁爐就會自動關閉電源。

電磁波 (EMF)

本飛利浦產品符合電磁波 (Electromagnetic fields, EMF) 所有相關標準。只要使用方式正確並依照本使用手冊之說明進行操作，根據現有的科學研究資料，使用本產品並無安全顧慮。

第一次使用前

取下電磁爐所有包裝材料。

使用前準備

- 1 請將本產品放置在乾燥、穩固且水平的表面。
- 2 確認本裝置周圍至少保留 10 公分的空間，以預防過熱。
- 3 烹煮時請務必將鍋具置於烹調區內。
- 4 請務必使用正確類型、正確尺寸的鍋具 (請見下表)。

建議使用的鍋具類型與尺寸

適用電磁爐的鍋具

材質	鐵製或具磁性的不銹鋼製鍋底
形狀	平底的鍋具
尺寸	鍋底直徑為 12 至 20 公分，視烹調模式而定 (請見下列提示)
重量	含食材最重 7 公斤以內的鍋具

不適用電磁爐的鍋具

材質	鍋底非鐵製，或者是黑晶、玻璃、鋁、銅製的鍋底
形狀	凸底或凹底的鍋具
尺寸	鍋底直徑小於 11 公分的鍋具
重量	含食材超過 7 公斤的鍋具

提示：以手動模式或火鍋模式烹煮時，可使用鍋底直徑 12 至 20 公分的鍋具。

提示：油炸食物時，建議使用鍋底 12 至 16 公分的鍋具。

使用此產品

切記僅使用適用電磁烹調的鍋具 (請見「使用前準備」單元)。

注意：請務必在乾燥、平穩且水平的表面放置、操作本產品。

下面表格列出各個烹調模式的預設設定，以及各設定可以調整的程度。

預設與可調整的設定

模式	預設火力段數	預設烹調時間	可調整火力段數	可調整烹調時間	顯示幕標示
手動	4	5	1-7	5-180	火力段數

顯示代碼	訊息	正確應對方式
E3	電器故障	將電器帶往經銷商或飛利浦授權的服務中心。
E4	電器過熱	檢查通氣孔是否被蓋住。若被蓋住，請移開障礙物並讓機體降溫，然後再打開電源。
		若通氣孔沒有被蓋住，請檢查風扇是否正常運轉。打開電器電源，按「開始」按鈕。如果電扇沒有運轉，請將電器帶往您的飛利浦經銷商或是飛利浦授權的服務中心。

食譜

磨菇炒甜椒

準備時間：30 分鐘

材料：

- 120 克新鮮磨菇
- 1 顆甜椒
- 2 片辣豆干
- 30 克新鮮百合
- 2 大匙油
- 大蒜 1 大匙，切碎
- 鹽少許、白胡椒少許
- 麻油少許

- 1 以廚房紙巾清潔磨菇。
- 2 去除甜椒籽並將甜椒切塊。
- 3 將辣豆干切成薄片。
- 4 將新鮮百合切片。
- 5 使用煎炒模式將油加熱 (請參閱「使用此產品」中的「使用不同模式」單元) 並將大蒜爆香。
- 6 倒入磨菇與豆干拌炒。
- 7 加入甜椒與百合，佐以鹽、白胡椒與麻油入味。

雞丁雙椒

準備時間：30 分鐘

材料：

- 2 塊雞胸肉
- 2 顆紅椒與青椒
- 醬油 1 大匙
- 鹽少許
- 砂糖 1 大匙
- 醋少許
- 粟粉水 1 碗
- 蔥少許、薑少許、大蒜少許
- 雞高湯少許
- 油少許
- 麻油少許

- 1 將雞胸肉與青椒紅椒切丁。
- 2 將雞丁以鹽與粟粉水徹底混合。
- 3 使用煎炒模式將油加熱 (請參閱「使用此產品」之「使用不同模式」單元)，將雞丁下鍋，並用筷子撥開。
- 4 倒入青椒與紅椒炒熟，起鍋並先擺旁備用。
- 5 再度將雞丁與雙椒倒入鍋中。倒入各種調味料與粟粉水埋芡。
- 6 均勻拌炒，並佐以麻油調味。

糖醋碎牛肉

準備時間：30 分鐘。

材料：

- 150 克碎牛肉
- 2 顆蕃茄
- 90 克豌豆
- 90 克馬鈴薯
- 蒜末 1 大匙
- 油 1 大匙

調味：

- 麻油 1 大匙
- 蠔油 1 大匙

醬汁：

- 125ml (1/2 杯) 糖醋醬

- 1 將碎牛肉與調味混合

2 使用手動模式將豌豆與馬鈴薯以滾水煮熟 (請參閱「使用此產品」之「使用不同模式」單元)。瀝乾豌豆與馬鈴薯。

3 使用煎炒模式加熱 2 大匙的油，炒大蒜末爆香。

4 倒入豌豆、蕃茄與馬鈴薯，與浸泡調味入味的碎牛肉拌炒。

5 倒入醬汁，烹調直至完成。